



ANNUAL REPORT 2018-19



VARRAT

Voluntary Association for Rural
Reconstruction & Appropriate Technology



Recall the face of the poorest and the weakest man (woman) whom you may have seen, and ask yourself, if the step you contemplate is going to be of any use to him (her). Will he (she) gain anything by it? Will it restore him (her) to a control over his (her) own life and destiny? In other words, will it lead to swaraj (freedom) for the hungry and spiritually starving millions?

~ Mahatma Gandhi

Words from the Board

It gives us immense pleasure to present the Annual Report of VARRAT for the year 2018-19. VARRAT, dreamt in 1983 has crossed a long way working with people with a vision and mission to promote community based people centric development initiatives in its operational areas located in Kendrapara and Keonjhar districts of Odisha connecting two diverse sets of people and environment- both tribal and coastal. As an organization it has emerged as a true friend of the poor particularly the tribal, scheduled castes, women and children, PWDs, Senior Citizens, HIV Affected women etc. and strengthened its professional, organizational and managerial capability to address diversified issues facing the deprived sections.

Over the years there have been changes in the environment, social milieu and peoples' needs due to the cumulative impact of various forces that required befitting strategies and approaches to work with communities and people. VARRAT has put in its best efforts to mobilize resources to meet the changing needs of the people.

We feel proud that VARRAT has not deviated from its community driven approach of development rather it has brought innovation by adapting child centric approach in Disaster Risk Reduction initiatives. It is with people and always adopts the participatory approach to development taking along the people. We are privileged to be associated with this organization.

Like the previous years, VARRAT has undertaken multifarious activities focusing women and children, farmers, youths, senior citizens PWDs etc. The activities presented in this report are the results of concerted effort of the donors, organizers, community people and we are happy to note the significant achievements in the field of child development, women empowerment, development of farmers, health care of the community people, disaster response in the form of relief and rehabilitation and other community centric programmes that has fostered VARRAT's mandate to community driven integrated development.

We take this opportunity to thank all the associated donors, like-minded organizations, our network alliance partners, community people, Volunteers and the committed staff who have joined hands with VARRAT in its journey of development that has created a visible impact on the work and life of its target people.

We expect VARRAT to continue with its community centric approach of development in coming years with innovative methods and programmes so as to enable communities to drive the development process on their own.

We thank VARRAT team and encourage them to overcome the challenges and work together to serve the needy people living in coastal and tribal areas of Odisha in coming years.



Prof. Dr. S.P. Das
Chairman, VARRAT



Dr. A.C. Das
Secretary, VARRAT



Mr. U.N. Behera
Director, VARRAT



ABOUT US

Voluntary Association for Rural Reconstruction & Technology, popularly known as VARRAT is one of pioneer developmental organizations working

Vision

"To be an efficient and leading development organization in empowering people by indoctrinating necessary changes in the society and establishing justice"

incessantly in Kendrapara and Keonjhar districts of Odisha, since 1983, due to the dedicated and assiduous efforts of a handful committed young development professionals along with some motivated grass root volunteers who were inspired by the ideology of Mahatma Gandhi and Vinoba Bhave. They had the clear mandate to work for the betterment of the vulnerable, marginalized and underprivileged sections.

It is registered under the Societies Registration Act of 1860 bearing No. 4444/114 in 1986 as well as under Section 12 A of the Income Tax in the year 1995 bearing the number Jud 1/47/12A and obtained the PAN card with number AABAV2531P. It also got registered under FCRA bearing the registration Number 104860055 for receiving the fund from foreign donors.

VARRAT has its head office at Boulakani in Mahakalpara block of Kendrapara district with its extended branch office at Erendei in Patna block of Keonjhar district, Odisha.

Mission

"To initiate required action for the integrated development of the marginalized groups through strengthening people's organization at village and regional level, maintaining proper coordination with Government and non-Government allies associated in the development field, innovating appropriate technology in a planned manner, bringing about environmental equilibrium and upgrading the skills among groups and workers."

Core Values

- ❖ Empathy with the resource poor and needy populace and faith in their capacity.
- ❖ Transparency, Accountability and Democratic functioning.
- ❖ Secular in character
- ❖ Honesty to the values
- ❖ Integrity
- ❖ Sustainability

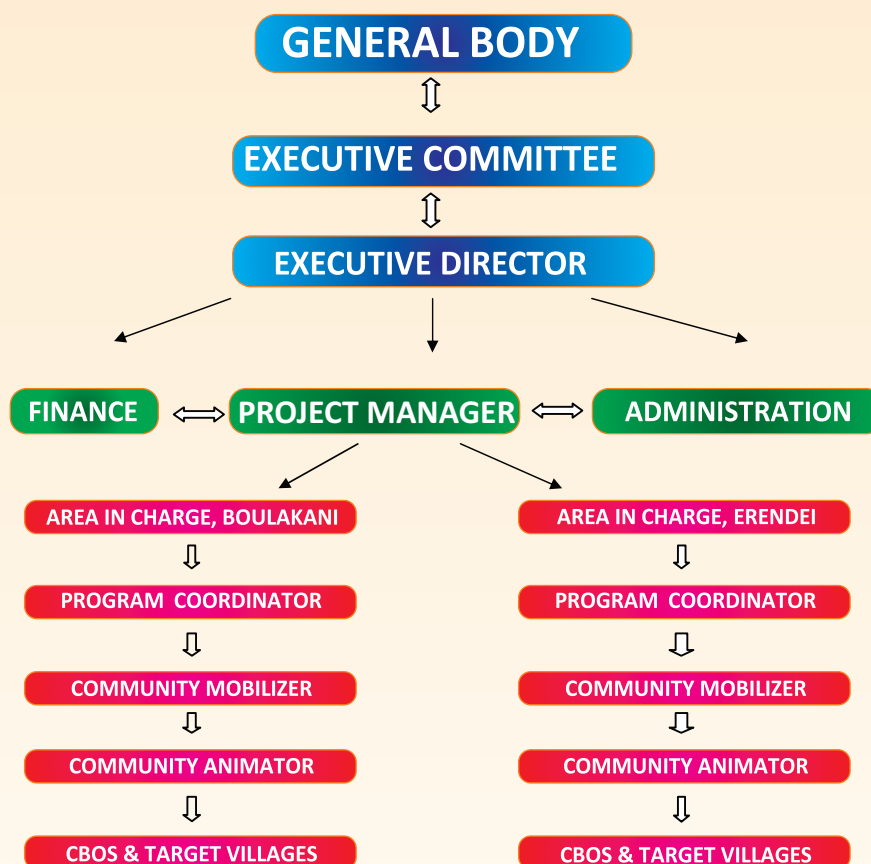
Since its inception it has grown both horizontally and vertically and dealt with broad spectrum of issues e.g. natural resource management, Sustainable agriculture, Food security, Sustainable Forest Management, Drinking Water & Sanitation, Child & youth development, women empowerment with the prime focus on the approaches of participatory development, integrated development of the community empowerment.

The entire journey of the organization has been endowed with supports and guidance from its like-minded partners, committed team members, benevolent donors and the visionary management members. A culture of professionalism has been established inside the organization with a blend of voluntarism.

Structure & Governance

The vibrant Executive Body is constituted with seven member team under the leadership of the Chairman. The other office bearers of the Board include Executive Director, Secretary, Treasurer and three members. The Executive Director is the Chief Executive, responsible for day-to-day functioning with the help of a Project Manager and other staff down the line. The Bye-law of the organization, is the main instrument of governance system which elucidates the roles & functional modalities of all office bearers, members for effective management and functioning of the organization. The Board members sit formally in every quarter to review the progress and decide further course of action. The Annual General Meeting is conducted once in every year taking all members to approve operational plan, budget, review the accomplishments and takes the major policy decisions.

Organogram

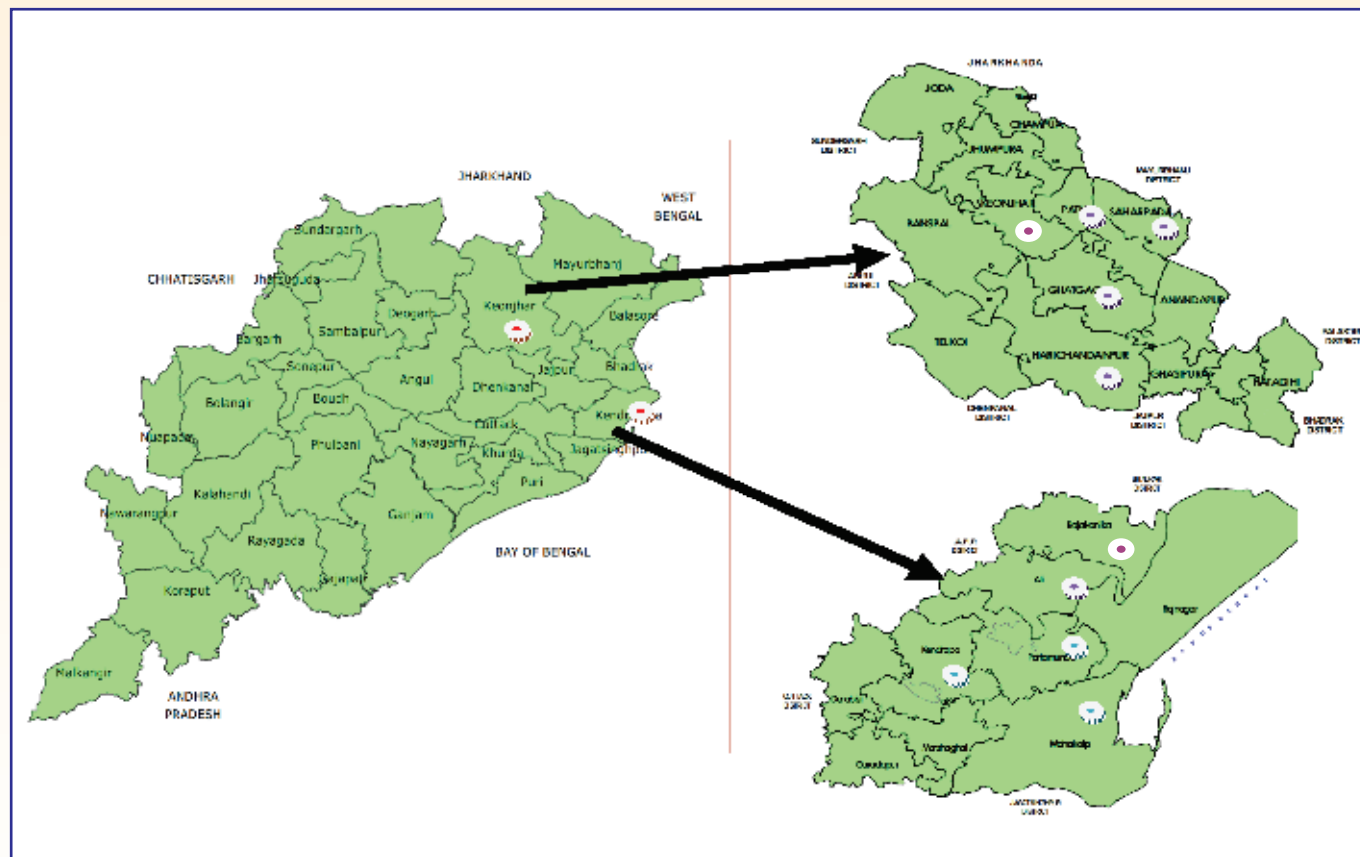
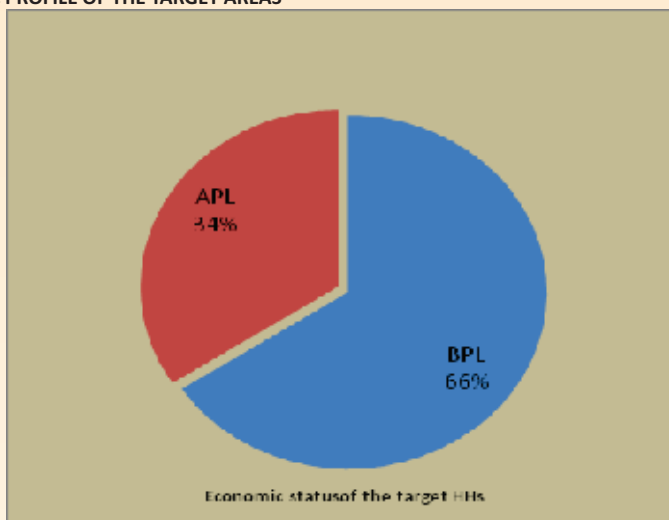
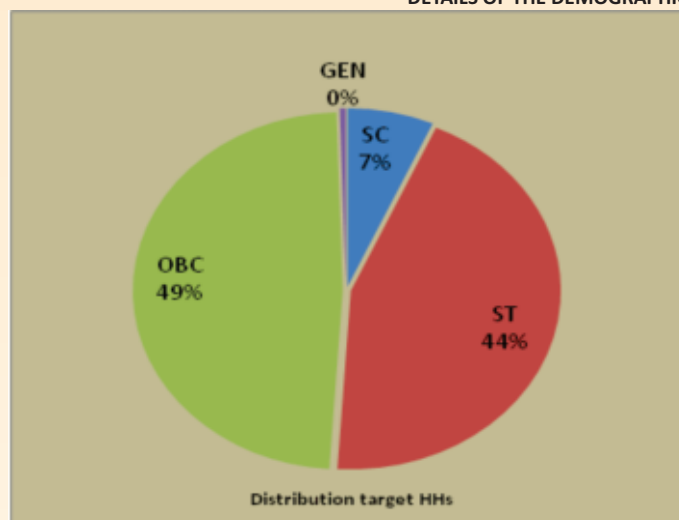


Our Target area and people:

Currently VARRAT has its programme interventions in nearly 194 villages of Mahakalpara, Pattamundai, Aul, Kendrapara Blocks of Kendrapara District and Patna, Keonjhar, Ghatgaon and Harichandanpur blocks of Keonjhar District, Odisha. It is pertinent to mention that Keonjhar district is situated in Northern part of the State in the hill pockets of Chhotnagpur Plateau, mostly inhabited by the indigenous tribal people while Kendrapara district is located in the Eastern part coming under the coastal belt, which is prone to climatic change related natural disasters. The target constituencies are mostly marginal and underprivileged. VARRAT is currently working with total 40201 HHs with 201757 populations. Out of the total HHs nearly 44% are of STs, 7% are of SCs and 49% are of OBCs while less than 1% belongs to General. It would be significant to mention that 66% of those are below poverty line.

District	Block	G.Ps/NAC/ Municipality	No. of Villages	House Holds					Population					Economic status of HHs	
				SC	ST	OBC	GEN	TOT	SC	ST	OBC	GEN	TOT	BPL	APL
Kendrapara	Mahakalpara	8 GP	43	893	741	6931	0	8565	3913	3718	23137	31397	39028	6895	1670
	Pattamundei	2 GP	09	90	0	54	36	180	90	0	54	36	180	152	28
	Aul	1 NAC	02	0	0	126	0	126	0	0	126	0	126	70	56
	Kendrapara	1 Municipality	02	35	0	70	12	117	35	0	70	12	117	78	39
Keonjhar	Patna	13 GP	18	497	1859	1691	23	4070	2664	9648	8759	116	21187	2518	1552
	Keonjhar	04 GP	22	320	2220	1005	7	3552	1709	11502	5223	35	18469	2156	1396
	Ghatgaon	24 GP	47	432	6892	4382	42	11748	2318	35719	22803	204	61044	7409	4339
	Harichandanpur	16 GP	51	403	6132	5233	75	11843	2157	31846	27226	377	61606	7175	4668
Total			194	2670	17844	19492	195	40201	12886	92433	87398	32177	201757	26453	13748

DETAILS OF THE DEMOGRAPHIC PROFILE OF THE TARGET AREAS



OUR PROGRAMMES

Since its inception the programme focus and strategies have undergone many a change considering the context, content and the need. But it has not deviated much from the original mandate of focussing on Local resource management, empowerment of the target communities & institutions and addressing the basic issues like health, sanitation, education as well as developing human resources. The major accomplishments during the year 2018-19 are succinctly articulated below.

Climate Change and Disaster Risk Reduction Engaging Community and Children:

Climate is changing and the children are the worst sufferers. With a view to enable the vulnerable children to cope with shocks induced by natural hazards and everyday risks, a child centric project with the support of ChildFund has been implemented in 20 villages of its target areas in Mahakalpara. This has resulted in increasing awareness of children, their parents,



community members, school teachers, PRI members on climate change/disaster risks with special focus on child protection and safety measures. Even



in every year the Risk Reduction Plans of Community, Schools and Anganwadis gets updated with mitigation of risks and new emerging risks.

Major Activities	Nos. of programmes	No. of Communities /Schools	Participants
Participatory Capacity and Vulnerability Analysis (PCVA) of disaster risks at the community level	20	20	497
Capacity building of disaster response task forces with representation from women and children	20	20	477
Mock drills to demonstrate the skills to deal with emergencies	20	20	1011
Formation and strengthening of children groups	96	20	2413
Sensitization sessions for the Child Protection Committees	77	20	1103
AWC safety Plan	17	20	425
First aid box distribution	18	20	18
Sensitization workshop for teachers and school community	16	23	400
School risk/vulnerability assessments and analysis	20	23	500
Training to child protection committees at PRI level on ICPS and its provisions	1	6 GP	50
Mapping of communities around CBCPM(Community Based Child Protection Mechanism	1	20	150

Targeted Intervention for Prevention & Control of HIV/AIDS:

In the risk prone and notorious areas of Kendrapara, Aul and Pattamundai blocks of Kendrapara district, in collaboration with OSACS and local health officials, we have raised the awareness among the people



especially the youths of Reproductive Tract Infection (RTI), Sexual Transmitted Diseases (STD), HIV/AIDS and conducted detection and diagnostic camps with the purpose of limiting the spreading effect and reducing stigma attached to it. During this year total 458 persons are covered. The innovative strategy is taken to check the whole body and counselling through trained Peer Educators for making a significant impact in their behavioural change.

Major activities	Nos
No. of HRGs in line listing register	680
No of HRGs enrolled in Master Register	458
No of FGD Meeting held	84
Syphilis tested	673
No of HRGs counselled by counsellor	2200
Presumptive treatment	58
Regular Medical Check-up	1354
No of STI cases treated	75
No of HRGs referred to ICTC	828
No of HRGs tested in ICTC	786
No of TB tested	94
No of Health Camps done	04
No of Free condom distributed	131592
No of condom socially marketed	879
No of condom Outlets established	07
No of community events conducted during Celebration of International Women's Day & World AIDS Day	02
Advocacy Activities	04
No of PE review meeting	36
No of Monthly Project review meeting done	12
No of PE capacity building Training	12
No of DIC level meeting	24
No of SHG formation	02
Hotspot Committee Meeting	84
DIC Level committee Meeting	12
No. of Crisis management committee	04
No. of Project Monitoring committee	04

Ray of Hope

Kalyani (Pseudonym), a young lady of 25 years age used to stay happily in Kolkata with her small daughter and husband who used to run a mobile utensil selling business by vending. All the days are not similar. Without her knowledge her husband went to sex worker and got infected by AIDS. Within no time he died leaving her and the small daughter in deep Ocean of uncertainty of livelihood and future. Due to poverty she was trapped and went to hell of prostitution with unsafe sex practice. After some days because of prolonged sickness she came back to Odisha and later made the blood test. The report confirmed that she also got infected with HIV. She was silently waiting for the death. In the meantime, she could know the TI intervention of VARRAT in her village and became courageous enough to discuss with the TI staff members and due to their counselling and effort she had undergone ART registration and for CD4 test. As per the Physician's advice she is now taking medicine regularly and leading a normal life. As TI team maintains confidentiality she is not attached to any stigma and dreaming to provide a better life to her daughter.

Life Stage Interventions for Infants, Children and Youths

Every normal individual in normal condition goes through a natural life cycle. During different life stages human beings faces different challenges and problems. With the generous funding support of ChildFund India through sponsorship programme age appropriate interventions are continued on the following sectors in Mahakalpara block of Kendrapara District.

I. Healthy and Secure Infants:

Child is the future of the Nation. The development of child determines the development of the country. Hence, in this project one of the main objective is 'All children (0-5) years, pregnant & lactating mothers will have Improved Health and nutrition status', in order to guarantee the 'right to survival and right to



protection. Nutrition Garden and convergence with ICDS for strengthening the VHND system were the major highlights of the programs. In nutrition garden attempt is made to propagate the Bio-Fertiliser and Bio-Pesticides. Vegetable Seeds were supplied to 1000 families with necessary trainings. Across the year VARRAT participated in VHND sessions and through home visits the pregnant & lactating mothers were motivated to attend the VHND sessions regularly.

Activities undertaken	Accomplishments
Staff Capacity Building.	<ul style="list-style-type: none"> 25 Project Staff have undergone one day Training on project Planning Implementation and Monitoring at VARRAT/ Boulakani. 2 training programmes on Early Childhood Development programme organized.
Selection of Lead Mothers.	<ul style="list-style-type: none"> 25 numbers of Lead Mothers are identified and selected
TOT for Lead Mothers	<ul style="list-style-type: none"> TOT organized and 25 Lead Mothers are capacitated to lead VHND, Health, nutrition Programmes in the village. 92 numbers of VHND Program conducted with the participation of infants, Pregnant and Lactating Mothers
Training to AWWs on MACHAN.	<ul style="list-style-type: none"> Two training programmes for AWWs conducted on MACHAN with the participation of 25 AWWs who sharpened their knowledge based on Mother and Child health and nutrition.
Education on nutrition Sensitive agriculture.	<ul style="list-style-type: none"> 24 programmes are organized covering 617 participants on improving practice of Kitchen Gardening and nutritious food habit. It is noteworthy that 40% of family members are practicing even after the pilot phase is over.
Session with parents of new enrolment area on gender disparity and violence.	<ul style="list-style-type: none"> 24 sessions with the parents in the new enrolment area on gender disparity and Violence conducted with the participation of 667
Demonstration on Kitchen Garden	<ul style="list-style-type: none"> Two kitchen garden demonstration programmes conducted where 60 persons are sensitized on homestead kitchen gardens and preparation of organic manures and bio-pesticides
Supply of nutrition Sensitive Kitchen Garden Seed.	<ul style="list-style-type: none"> 1052 families are supported for establishing kitchen gardens in their homestead land for making availability of nutritious vegetables for their children and families.
Sensitization of family/ Community on health and hygiene	<ul style="list-style-type: none"> 24 sensitization community camps on health & hygiene are conducted.
Networking meeting with Local CHC/PHC	<ul style="list-style-type: none"> Six numbers of Networking meetings with ASHAs, ANMs conducted for better Coordination Regular interaction with CDPO made for effective convergence of the programmes.

II. Educated and Confident Children:

This programme intends to educate and make the children confident under the age group of 6-14 years with a view to ensure their right to development. Here quality basic education and School Safety Plan are



important areas of focus of this year. School Safety Plan is traced as an important feature, which is embedded with Education as safety measure for the children. Teachers and School Community were sensitized on the aspects of potential risks for the children.

Activities undertaken	Accomplishments
School safety programmes	<ul style="list-style-type: none"> ● 23 school safety plans and evacuation plans updated ● children task force teams are formed and capacitated ● Mock Drill in 17 Schools have been organized ● 2492 students, teachers and SMC members of 23 schools are involved starting from Sensitization to Mock Drill
Facilitating children with learning gaps	<ul style="list-style-type: none"> ● Teachers are taking the onus of identifying children with learning gaps in numeracy and support children
Operating learning centres	<ul style="list-style-type: none"> ● 3 learning centres (Building Basic Skill) are functioning for imparting special training to 90 children with learning gaps
Functioning of libraries	<ul style="list-style-type: none"> ● 5 libraries are running which are being managed by the children. It gives ample of scope to increase their reading habit and knowledge base.
Story telling sessions with children	<ul style="list-style-type: none"> ● 2 sessions are conducted to increase the hidden talent of 67 children as well as speaking power
Reading & writing workshop for children	<ul style="list-style-type: none"> ● 5 workshops are conducted to enhance the skills of 155 children on reading & writing as well as their imagining power

Activities undertaken	Accomplishments
Children's day Celebration	<ul style="list-style-type: none"> Children's Day celebrated with the active participation of 257 children with the award distribution to the winners of different competitions.
Socio-emotional skills learning (Life skills) workshop	<ul style="list-style-type: none"> 2 workshops conducted for improving learning and life skills of 64 children. They were facilitated to know themselves, stress management and positive relationship
Special support classes for children	<ul style="list-style-type: none"> Special support class is organized for 10 months to guide and develop the educational standard of the children. Total 25 children are targeted and 11 out of those came successful in the HSC examination
Higher Education support to 14-18 years children	<ul style="list-style-type: none"> 25 children are provided support with test papers and other study materials
Formation of Panchayat level RtE Forum	<ul style="list-style-type: none"> One Panchayat level RtE Forum formed and facilitated with 34 members with detailed discussion on aims & objectives of RtE forum, process of addressing the child issues on education, implementation of RtE Act etc.
Training and workshop on Art & Craft	<ul style="list-style-type: none"> One workshop conducted. 31 children participated and 25 children are able to develop usable different home & office decorating items from waste materials.
Social Financial education for children	<ul style="list-style-type: none"> 412 children are imparted with financial education through Aflatoun Club meetings in 16 schools and they have raised their saving practice.
School camp	<ul style="list-style-type: none"> 3 camps organized and 98 children are oriented on Aflatoun club, leadership development & management of libraries

Testimonials from the field:

Rabindra of Maladiha was blessed with three daughters and one son. As Rabindra is a daily labour, he was not economically sound to afford extra cost for educating all the children. It was further compounded with his conservative mindset that imparting education to girl children is waste. Instead of education they should do the household work. With this conviction he had taken some effort to educate his son but not for the daughters. For this Pujarani, one of his daughters was about to be dropped-out from the school in Class-V though she was fair enough in study. Seeing this, the volunteers of VARRAT counselled Pujarani as well as her parents and ensured Pujarani to continue her study. She was given special attention under special support Programme that helped Pujarani to secure 70% of marks in HSC Examination in 2018-19. Pujarani is now happy and cherishes to be a nurse by doing GNM course.



III. Skilled and involved youth:

Youth is the pillar of the Nation. More the youths are skilled more the Nation will grow. Keeping this in mind, concerted effort is laid on skill building of rural youths in the target areas on mission mode. It is intended to make the youth self-dependent and work for the communities whom to they belong. Wherever necessary VARRAT has facilitated the youths to go for skill training in NSDC centres and trained some youths (boys and girls) on its own CoE's on Computer and Tailoring skill. Life skill training more particularly on decision making skill, visioning for future has been the embedded in all the activities. The youths at the community level played a vital role in Participatory Vulnerability Capacity Assessment (PVCA) and in Mock Drills.



Name of the Activities	Achievements of the Program/Outcome
Establishing Centre of Excellences	<ul style="list-style-type: none"> 02 CoE centers are established with necessary infrastructure. Curriculum and modules for four technical trades and life skills developed. 7 youths Enrolled and getting skill training
Life skill training	<ul style="list-style-type: none"> 50 Youths are oriented on life skills. They were able to identify their weakness and the developed skills to overcome it.
Counseling of youth and their parents	<ul style="list-style-type: none"> 06 counseling sessions conducted and 176 youths with their parents were sensitized on facilitated to opt trade specific skills for better livelihood opportunities
Conducting placement exercise	<ul style="list-style-type: none"> 04 placement camps organized and 118 youths participated and get prepared for job interview.
Conducting Career camps and career Counseling	<ul style="list-style-type: none"> 50 students were counseled for higher education as per their interest and aptitude. To mention 15 students got admitted in+2 Arts, 08 in+2 Science, 02 in ITI.
Support for Higher Studies	<ul style="list-style-type: none"> Total students are supported for higher studies out of which 10 are girls and 09 are boys.
Support to 06 enrolled youth for job based technical training (Electrical wiring, Beauty Parlour, Electrical motor repairing)	<ul style="list-style-type: none"> 2 youths are supported for doing course on Beauty Parlour and they have started their own business now.
Training of CSO and CBO representatives on national youth development mission and activities	<ul style="list-style-type: none"> 02 training programmes are conducted and 60 youths got trained on leadership development & CSO/CBO management. 02 Youth clubs are linked with NYK.
Capacity building of youths	<ul style="list-style-type: none"> One training programme conducted and 30 youths got trained on Human Rights for Women and Girls.

Name of the Activities	Achievements of the Program/Outcome
	<ul style="list-style-type: none"> One training programme conducted and 30 youths got trained on National Youth Policy / State Youth Policy One training programme conducted and 20 youths got trained and supported for livelihood (Agriculture-06, Pisci-Culture-10, Vegetables-02, Poultry-02)
Inclusion CBO/ leaders & others in youth workshops/dialogues	<ul style="list-style-type: none"> In two villages 60 CBO leaders got trained on Youth development, Govt. Schemes.
Raising awareness on youth issues	<ul style="list-style-type: none"> One Youth Festival is organized centrally on National Youth day where 250 youth members participated from youth clubs, Kalyani Clubs. Cycle rally, volley ball tournament were organised.
Capacity Building for youths on vision setting	<ul style="list-style-type: none"> One Training Programme organized for Staff Capacity for youths on vision setting. 15 numbers of Training Programme organized with 445 youth club members for Conducting visioning exercises with youths.
Formulation of Annual Action Plan and responsibilities sharing.	<ul style="list-style-type: none"> Annual Action Plan and responsibilities sharing are made in 15 villages with the active participation of youth club and Kalyani club members
Adult and Youth interface dialogue	<ul style="list-style-type: none"> 24 interface meetings organized among adults and youths
Sharing the findings with Gram Sabha and actions initiated.	<ul style="list-style-type: none"> 06 GP level meetings were conducted and sharing of village developmental activities are discussed. As a result road repairing works at Kandrapatia village finished and Early Marriage Protection committee is formed in Sunity GP.
Sensitization session on safety and Protection laws related to Youth	<ul style="list-style-type: none"> 02 sessions on safety and protection laws related to youth are conducted and 50 youths took part



Testimonials from the field

Baisali Pradhan, a young girl of Mahakalpara block of Kendrapara District, while making a flash back of her childhood, mentioned that her childhood was not so easy. Though she wanted to do study, it was very difficult on the part of her parents to fulfill her desire because of acute poverty. She has seen how her elder sibling also struggled to get education. However, she was lucky enough to get an overseas friend who came to her rescue through VARRAT/ChildFund. Because of that and her will power she passed matriculation and now with the support of VARRAT she is undergoing skill education on Tailoring. She believes that after the skill training, she could do her own entity and train fellow young girls of her village to stand on their own. Now she has become a source of inspiration for other girls in the village. Balkrushna Pradhan, her father tells, "My daughter Baisali is my pride and face in the village."



IV. Sponsor relation activities:

The objective of Sponsor Relation programme is to develop healthy and meaningful relationship between the sponsor and the children. A sponsor sitting elsewhere is always interested to know about the child's development that he sponsors. Therefore, it is important to provide qualitative information to the sponsor



from time to time that helps them to understand the activities of the children and their development. At the same time it is also equally important to transmit the sponsor's feedback to the child, his family and the community. It is a two-way relationship building that strengthens the relationship bond between the two. It is pertinent to mention that there are 1485 enrolled children of which 737 are boys and 748 are girls where as total sponsored children are 847 of which 400 are boys and 447 are girls.

Activities	Accomplishment
Child Verification System	<ul style="list-style-type: none"> 20 staff of VARRAT verified the exact status of the sponsored and enrolled children through participatory and group work method in the field by computer tablet device.
Refresher Training of staff on Sponsor Relation	<ul style="list-style-type: none"> One training programme conducted for 20 staff members for strengthening their knowledge and skills on Sponsor Relations particularly the rules and regulations, the regulation of SR communication, photography and timeline of correspondence for all sponsored children
Strengthening SR Committees	<ul style="list-style-type: none"> 10 orientation programmes conducted for 210 SR committee members on SR activities benefit provided to children through Experience sharing, Group discussion, Participatory and lecture method.
Parents' awareness program on importance of Sponsorship program	<ul style="list-style-type: none"> 21 sessions are conducted with 844 parents to sensitize them on SR activities through Experience sharing, Group discussion, Participatory and lecture method. It has enabled them to understand the importance of the Sponsorship programme and their role as parents to utilize the sponsored resources for the development of their children
Emergency Support	<ul style="list-style-type: none"> 12 children are provided with emergency support to fulfill their pressing needs. It was done by home visit to assess the situation. It embedded the spirit of "friend in need, friend indeed".
Alumni Meet -2019	<ul style="list-style-type: none"> One day event was organized and 77 children participated in the programme. They could brought together to a common platform and sensitized on their responsibilities towards the children, the vulnerable families and the communities. They also shared their experience and got united.



Talent could neither make ignored or deprived

Pasupati Maity is a marginal farmer of village Olapada of Mahakalpara Block of Kendrapara district. He is a daily wage earner. The area is prone to natural calamities. The economic condition of family is not sound. His wife Rita Maity is mostly confined to household chores and sometimes goes for daily wages. Both the couple toiled hard to sustain the livelihood. In course of time, they were blessed with one son, whom they named Gopal. They were very happy and could manage to afford Gopal's education initially. But economic condition of the family did not support them to provide regular schooling to the child.



Gopal had a strong will and ambition to receive formal education. But their penury stood as a hindrance on the way of getting proper schooling. Each and every person of the locality knew that Gopal was exceptionally talented. So all of his well-wishers in the village as well as the family members sincerely requested VARRAT to extend its helping hand towards Gopal. The organization realized that should neither be ignored nor be deprived of getting education. The organization ChildFund India in the year 1997, when he was in class II. For the first time Gopal received DFC in the year 2007. Regular letters from sponsor inspired Gopal to a great extent to achieve his goal. With the support of VARRAT/ChildFund, Gopal continued his study and passed the HSC examination in the year 2016 securing 72.4% marks. After successful completion of HSC examination he opted for continuing his higher study in ITI in fitter discipline at Dolphin Industrial Training Institution, Marshaghai and completed 02 semester examinations with above 75% marks and aspired to do well in the next semesters that would fetch him 90% marks.

Livelihoods and Empowerment of the Elderly Programme

The most critical stage in human life cycle is old age. This is called as the stage of retirement and withdrawal. With the support of HelpAge India, a meaningful programme, "ASTITVA" for the elderly people above 55 years of age is being implemented in 20 villages of 6 GPs in Mahakalpara block of Kendrapara district covering 862 persons of which 426 are Male and 436 are Female. Elderly people have formed 75 SHG groups and also a federation in the name of VARRAT Gramin Bayaska Swoyang Sahayak Gosthi Mahasangha (VGBSSGM). It's a great achievement that 62 of the groups have been linked with Odisha Livelihood Mission (OLM).



Activities undertaken	Achievement
District Level Federation(DLF) Meeting	04 numbers of Quarterly DLF meetings organized. Alliance built with govt. system, Total Rs. 13,714/- is at Bank in name of VARRAT Grameen ESHG Mahasangh
Village Level Federation (VLF) Meeting	Total 30 numbers of VLF meetings organized and participated by 110 members. (05 meetings in each VLF)
ESHG Meeting	Regular meeting of 75 ESHGs are conducted and 1047 elderly members participated of whom males are 524 and females are 523. It has provided a scope for the elderly people to share their ideas, views, emotions.
Celebration of World Elders' DAY	Total 180 elders of 20 villages attended the celebration and shared their experiences.
Training /Exposures for Livelihood initiatives	35 elders from 20 villages paid exposure visit to KVK, Kendrapara, RSETI, Chhata, Kendrapara and Puffed Rice (Mudhi) factory of Satyabhamapur, Kendrapara District. The exposure visit helped them to gain knowledge on agriculture, poultry, medicinal plants and small business
Annual General Meeting of all ESHG Members	Total 800 number of ESHG members attended the Programme. 05 elders and 04 volunteers were felicitated on this occasion.
Linkage with OLM	62 groups were linked with OLM for availing of PPI fund
Training of Federation Members and Volunteers	Three days training was conducted wherein 40 DLF & VLF members and Volunteers participated
Seed Capital to ESHG	05 groups were supported with Rs. 50,000/- for different trades i.e. goatery, kitchen utensils, fishing nets.
Participation in District Senior Citizens programme	35 elderly people of the operational area participated in the programme which was organized by District Administration.
Livelihood Enterprises	Two Mudhi units installed at Bhateni and Badatota- Chhapali village with the support of VARRAT/ HelpAge India. Necessary orientation and inputs were given to Swamiji VLF, Bhateni and Shatriji VLF of Badatota-Chhapali for well management of these units.

Up-scaling Participatory Action and Videos for Agriculture and Nutrition:

UPAVAN is a unique demonstrative project on improved agricultural practices for optimization of nutrition intake of families, implemented in Patna, Keonjhar (Sadar), Ghatagaon and Harichandanpur blocks of



Keonjhar district. The main objective is Identifying and exploring barriers and opportunities to optimize Nutrition-Sensitive Agriculture (NSA), Maternal Infant Young Children Nutrition (MIYCN) and PLA. The project is backed by a multi-partner consortium in collaboration with Ekjut, financially supported by LSHTM (London School of Hygiene & Tropical Medicine) through Digital Green and with the technical support of UCL (University College of London) & D-Cor (Development Corner), Bhubaneswar, SPRING/JSI-USA, USAID. The

innovative strategy applied here is to shoot the videos of achievements by the local volunteers acted by the local village people and sharing with the communities for better adaptation of the demonstrated successful models on home-based nutrition gardens to combat mal-nourishment and nutritional deficiencies among the mothers and children. While the NSA videos talk of propagating nutrition specific agriculture "cultivation & consumption", the MIYCN video talks more about the health seeking behaviour, "do & don'ts" during pregnancy and lactation, nurturing infants, complementary and supplementary feeding practices, exclusive breast feeding, diet during pregnancy and lactating period etc.



Activities undertaken	Accomplishment
Video Production Training	9 CRPs and project staff of VARRAT and CYSD got trained by the facilitators of Digital Green.
Participatory Learning and Action (PLA) Training	2 programme conducted and 30 CRPS got trained
Video Production	41 nos. of videos are produced in local languages with the participation of local communities.
Video Dissemination	17902 video disseminations are made in 138 villages
Home Visit	75858 home visits made by the CSPs in 138 villages.
Quality Assurance (QA) visits	274 QA visits being conducted by CSPs and Supervisors to get a clear picture of changes in the field.
SHG Meetings	110 SHG meetings conducted covering 342 groups with 2226 members. Detail sharing done on Record Keeping, SHG Management, IGA, Credit linkage, Savings and SHG Management

The project contributed significantly to the local farming families to adopt sustainable agricultural practices in small land holding and backyards to get both economic and nutritional benefits especially to the pregnant and lactating mothers and children.

Small videos made lots of difference:

Jayanti Mahanta, a lady of Nuagaon village of Patna Block of Keonjhar District revealed that a small video changed the behavioral practice of her as well as her mother-in-law. She explained that since she was pregnant, her mother-in-law was strictly supervising her diet routine. She had no ill intention but was taking extra care for her and unborn baby. But indeed she was not a nutrition expert and exercising her traditional wisdom. It continued till she gave birth to a girl child. The weakness in her was quite visible and also in the child. Seeing this, she contacted the members of Maa Binapanini SHG and the staff members of VARRAT. Accordingly a video show, "Maternal diet during lactation and addressing barriers", was arranged for her as well as her mother-in-law which was followed by a counseling session. By watching this, her mother-in-law was convinced to change her mindset and behavioral practice which allowed her to take proper nutritional diet and now she and her daughter, who is now of seven months are sound and active.



Increasing productivity of rice based cropping system & farmer's income:

A short term but meaningful pilot project, in collaboration with Foundation for Ecological Security (FES) is implemented in Patna block of Keonjhar district. The main purpose is to increase the farmer's income



through enhancing production in rice based cropping system. The encouraging result envisaged under this, has laid a founding stone to march forward.

Activities undertaken	Accomplishment
Cluster Demonstration	Cluster demonstration in 231.25 acre area in 6 villages done
Head to Head Trials	07 Trials Bina11 Vs local varieties,22 Trials DRR 44 Vs Local Varieties,01 Trial in Sabour ArdhajalVs Local Variety, 01 Trial in Sabour Harsit Vs Local Variety,29 Trial in Sahabhagi Vs Local Variety, 01 Trial in Swarnashreya Vs Local Variety in Patna Block 29.8 acre carried out successfully.
Awareness Creation	Awareness programme for STRV plants conducted in 08villages (10 patch) covering 261.05 acre of land. Total 200 leading farmers have been given training in the area. Block level field day conducted in Nuagaon at the time of crop cutting. Officials of agriculture department have joined as technical resource person in these programme.
Training on Quality Seed Production	2 nos of Training conducted and total 150 farmers got trained on QSP out of 95 are women farmers. Representatives from IRRRI and officials from agriculture department joined as technical persons in these training programmes. Audio Visual training materials were used for better understanding of the participants. Practical demonstration was scheduled in the programme.

VARRAT Gramin Mahila Bikash Mahasangha

It was the year 1995 when some needy enterprising village women came forward to work for their economic development. VARRAT provided the necessary accompaniment and their association got formally registered in the year 2007-08 in the name of VARRAT Gramin Mahila Bikash Mahasangha (VGMBM). Currently there are 140 SHGs with 2100 women members in this federation. During this period 850000 INR has been given as loan to members while 9,27,000 INR is the loan repayment from its members. 250 women have been trained on mushroom cultivation, incense stick making and sanitary napkin making. Apart from economic activities, they are also involved in village developmental and social activities like ensuring drinking water in scarce areas during summer, assisting needy families

meeting social obligations and conducting village level get together. The major breakthrough is LEEP a national level SHG Federation that extended support to VGMBM for the celebration of International Women's Day where overwhelmingly more than 200 SHG members participated and the Sarapancha of Boulakani Panchayat Mrs. Sujata Samal graced the occasion.

Capacity Building of ASHAs

Accredited Social Health Activists (ASHAs) play vital roles in the ground level under National Health Mission (NHM) for providing Maternal Child Health Care as well as facilitating institutional health services in the rural areas. This year 105 ASHAs from Mahakalpara & Marshaghai Block were trained on Population Based Screening on Common Non-



Communicable diseases in four batches during August & December 2018 with the support from the Mission. Each batch contained 5 days residential program under the guidance and supervision of the District Health Administration & VARRAT.

Facilitation of People Organization:-

Developing and nurturing community based institutions across all its project area is one of the cross cutting intrinsic programmes of VARRAT. This is based on the premises of program implementation by involving community so that they will get a feeling of ownership in driving the activities. Followings are the community institutions, which are playing vital roles and actively participating in the process for bringing positive changes in the society.

I. Jana Jagruti Sanghathan (JJS):-

VARRAT has organised the community members and facilitated the promotion of Jana Jagruti Sanghathan (JJS) in each village. The basic function of each group is to identify the developmental challenges in the village, prepare need-based village development plan and implement the same. Till date 16 JJS in 16 villages of Patna Block of Erndei area and 25 JJS in 25 villages of Boulakani area in Mahakalpara Block have been formed & strengthened. Process for the formation of JJS in new 21 villages initiated and primary meetings with the villagers have been organised. Each village level JJS comprising of 15 members including five elderly people, four women, four youths and two children. This kind of composition creates enabling environment to address the issues of people from all age categories.

II. Central Jana Jagruti Sanghathan (CJJS):-

Central Jana Jagruti Sanghathan (CJJS) comprising of 19 members representing different clusters is formed to chalk out area developmental plans and implementing programmes in both the areas of Boulakani and Erndei. The CJJS takes stock once in a quarter by reviewing the work progress of all the project activities. Necessary capacity building programmes are also organized for CJJS members. At present, both the CJJSs are actively involved in village developmental process in both the areas.

III. Village Level Forest Protection Committee:-

22 village forest committees are formed in Patna Block to Protect and conserve their village forests. Time to time orientation and awareness programmes are organized for them on forest protection issues. The Forest Committees are actively discharging their duties in coordination with Government functionaries.

IV. Village Level Children and Youth Clubs:-

50 Village level children clubs (25 in each area of Boulakani and Erndei), 11 Kalyani clubs for girls in 11 villages and 25 youth clubs in 25 villages of Mahakalpara block of Kendrapara district are formed and they are being capacitated in regular intervals. Because of this the youth club members are able to participate and place their opinions in different platforms and engaged in youth-led activities. Similarly Kalyani club members are maintaining personal hygiene and also generating awareness among their peer groups. Both youth club members and Kalyani club members are actively involved in Swachha Bharat Abhiyan to make their villages clean and green. Youth Clubs and Kalyani Clubs are being linked with Neheru Yuva Kendra and 15 of them (11 YC and 4 KC) are receiving supports from NYK for development.

25 child Clubs are formed in all 25 program villages. A federation of the child club has been established in the name of 'Nabodaya Sishu Mahasngha'. The representatives of the club are representing the Child Protection Committees of the villages. Now the process of strengthening the child club is being initiated with new and advanced thought process.

CONCLUDING REMARKS

The year 2018-19 has been a fruitful year for VARRAT, during which it undertook need-based activities for the targeted communities that included women empowerment, education, environment, youth empowerment, curative and preventive health care, care of the aged and person with disability, prevention

of AIDs and other socially related relevant programmes with more focus on right based activities. With the limited resources we tried our best to sustain our programme focus and with the support of people we have overcome all hurdles.

We express our sincere thanks to all our donors such as ChildFund India, digital GREEN, HelpAGE India, IGSSS, OVHA, UNIFEF, OSACS, Health and Family Welfare Department (NHM), SSWB/ CSWB, NABARD etc who have always been a source of inspiration for us. More than the financial support we value their pragmatic guidance in the field of programme planning & execution. We extend our gratitude to our board members, advisers, well-wishers, bankers, community members and volunteers for their invaluable guidance and inputs to the growth and development of the organization. We look forward to their continued support in coming years. The organization feels both humbled and honored to receive several distinguished dignitaries who found time from their busy schedule to visit the organization, its operational areas and realized the benefits the ultimate beneficiaries are receiving through VARRAT.

We hope the Annual Report-2018-19 shall provide enough insight to the donors, all other stakeholders in both private and public domain on our programmes and overall achievement of VARRAT as an organization.

This report, documents all the achievements of the organization during the reporting period. At the same time we have no hesitation in admitting our shortcomings, which are purely unintentional; we shall take care of not repeating them in future.

Our Dignitary Visitors

Sl. No.	Name	Designation	Organization
1	Peggy Koniz- Booher	Senior Advisor, Nutrition	JSI-SPRING, USA
2	Heather Danton	Director	JSI-SPRING, USA
3	Abhinav Kumar	Senior Manager M&E	Digital Green, New Delhi
4	Kristen Nac Naughtan	Manager	JSI-SPRING, USA
5	Sarah Mc Clung	Research Scholar	JSI-SPRING, USA
6	Suneetha Kadiyala	Associate Professor	LSHTM, London
7	Dharmendra Nayak	Reliance Foundation	Bolangir
8	Realy Verma	Intern in Reliance Foundation	IRMA, Anand, Gujarat
9	Anil Nepal	Country Engagement Manager	Digital Green, Nepal
10	Sneha Krishnan	Trial Manager	LSHTM
11	Ronali Pradhan	State Head, Digital Green	Digital Green, Bhubaneswar
12	Abinash Upadhyay	Lead, India Operation	Digital Green, New Delhi
13	Satyapriya Sahu	Deputy Programme Manager	Digital Green, Bhubaneswar
14	J. Giri. Prasad Dora	Programme Manager	Digital Green, Bhubaneswar
15	Sailendra Narayan Mishra	Asst. Manager, Fianance & Admin	Digital Green Bhubaneswar
16	Sanjeev Kumar	Head, M&E-Asia	Digital Green, New Delhi
17	Purusottam Mahanta	MO I/C, Doctor, Patna	Patna CHC
18	Sarvesh Shukla	Coordinator, IRRI	IRRI, Bhubaneswar
19	Pradip Maharana	BLT, Keonjhar Team	Foundation for Ecological Security Keonjhar
20	Sarojini Sethy	BEE	Patna CHC
21	Pabitra Mohan Naik	Range Officer	Patna Forest range
22	Jagannath Naik	Chairman	Patna PS
23	Pankaj Meheta	CP Head	ChildFund India
24	Arjita Pal	M & E Head	ChildFund India
25	Satyabhama Pradhan	DPM, Kendrapara	OLM
26	Pravasranjan Das	DSSO, Kendrapara	District Administration, Govt. Of Odisha

Sl. No.	Name	Designation	Organization
27	Ajaya Kumar Parida	BEO, Mahakalpara	District Administration, Govt. Of Odisha
28	Pratibha Pandey	LS1 Head	ChildFund India
29	Prakash Chandra Banarjee	DPM, Kendrapara	District Administration, Govt. Of Odisha
30	Ranjaya Kumar Das	State Program Manager	HelpAge India
31	Dolon Mukharjee	Mission Manager, Livelihood, Eastern Region	HelpAge India
32	Dinesh Chandra Debnatha	Inspector of Physical Education	District Administration, Govt. Of Odisha
33	Debendra Kumar Das	Emeritus Professor of Mechanical Engineering	University of Alaska Fairbanks, UsA
34	Vivek Mohan Singh	Program Coordinator	NYK, Kendrapara
35	Pramod Kumar Singh	Faculty	SBI RSETUI, Kendrapara

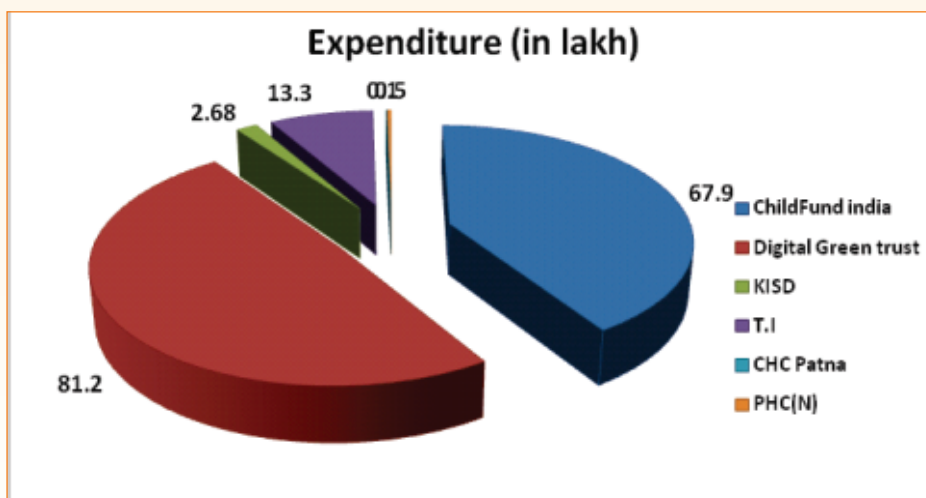
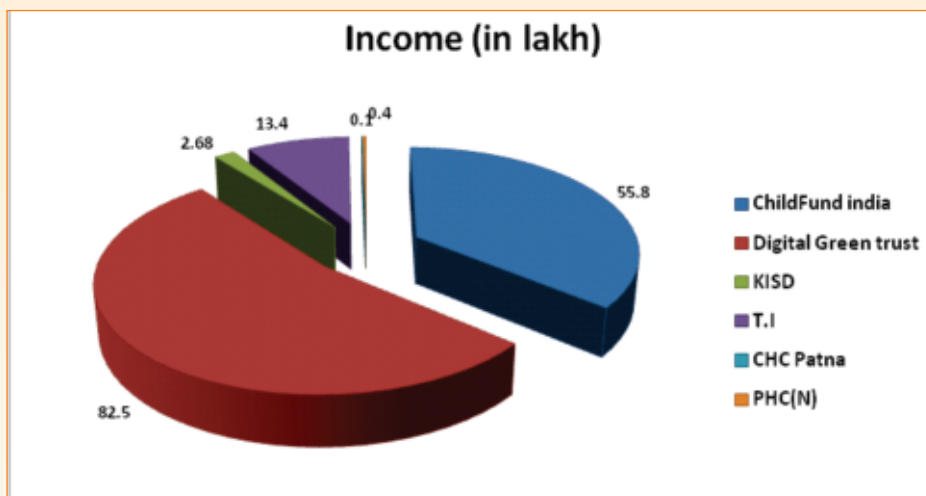
Staff Members of VARRAT

Sl. No.	Name	Designation	Qualification	Total Work Experience
1	Naba Kishor Mishra	Project Manager	B.A.(Hons)	30 years in NGO Management
2	Ramesh Chandra Dash	Account Officer	B.Com	25 years experience in accounting
3	Sudhansu Sekhar Swain	Accountant	B.Com	10 years experience in other NGO
4	Shibanath Pradhan	Area In Charge/	MSW, PGDRD	25 years experience in other NGO
5	Bijaya Kumar Das	SR Coordinator	D.Pharm, B.A	23 years experience in other NGO
6	Ranjit Kumar Mahanta	Block Coordinator	B.A	25 years experience in other project
7	Ranjan Kumar Mallick	Education/LS-2 Coordinator	B.A.	23 years experience in other project
8	Manoj Parida	Livelihood/LS-3 Coordinator	B.A.	25 years experience in other project
9	Shakti Samparna Swain	Community Mobiliser	MA, MSW	15 years experience in other NGO
10	Trilochan Mohanta	Community Resource Person	BA	15 years experience in other NGO
11	Nibedita Nayak	Program Manager	MSW	10 years experience in T.I Project
12	Arpita Behera	Counsellor	MSW	03 years experience in T.I Project
13	Nalini Prava Nayak	ORW	BA	05 years experience in T.I Project
14	Rojalin Dash	ORW	BA	05 years experience in T.I Project
15	Minalata Nayak	Community Mobiliser	BA	10 years in conducting of programs
16	Natabar Mohanty	Community Mobiliser	11th	25 Years experience in other project
17	Babulal Kar	Community Mobiliser	B.A.	2years experience in other project
18	Rabindra Roul	Community Mobiliser	IA	20 years experience in the Project
19	Madhusudan Mallik	Community Mobiliser	BA	10 years experience in the Project
20	P. Srimati Rao	Community Animator	BA	25 years experience in the Project
21	Arati Rout	Block Corordinator	MSW	10 years experience in the Project
22	Dinakrushna Mohanta	Community Resource Person	BA	12 years experience in the Project
23	Jayanti Mohanta	Community Resource Person	MSW	7 years experience in the Project
24	Sanghamitra Sethy	Community Mobiliser	BCA	8 years experience in the Project
25	Rajkishor Das	Community Mobiliser	IA	16 years experience in other NGO
26	Utkal Keshari Das	Block Coordinator	M.A.	2 years experience
27	Amit kumar Mishra	Community Resource Person	B.A.	3 years experience with VARRAT
28	Uttam Kumar Singh	Community Resource Person	B.A.	7 years experience with VARRAT
29	Brahmananda Mahapatra	Assistant Project Coordinator	B.A.	3 years experience with VARRAT

Executive Committee of VARRAT

Sl. No.	Name	Designation	Occupation
1	Prof.S.P.Das	Chairman	Retd. Professor, XIMB, Bhubaneswar
2	Dr.Alekh Chandra Das	Secretary	Retd. ADMO, Kendrapara
3	Mr.U.N.Behera	Executive Director	Social Work
4	Mr.Natabar Nayak	Treasurer	Social Work
5	Prof.Bidyadhar Rout	Member	Retd.HOD, Political Science, S.N. College, Rajkanika
6	Mrs.Jharana Dash	Member	Social Work
7	Mr.Keshab Chandra Biswal	Member	Social Work

FINANCIAL UTILIZATION DETAILS (Income & Expenditure distribution details)



ଗ୍ରାମ ବିକାଶ କର୍ମୀଙ୍କ ପ୍ରଶିକ୍ଷଣ ଶିବିର



ପାଟଣା, ୧୪/୩(ଜମିସ): ପାଟଣା ବ୍ଲକ୍ ଏରେଜେଣ୍ଟସ୍ ଉପର ଗ୍ରେଡ଼ାସେବା ସଂଗଠନ କାର୍ଯ୍ୟକ୍ରମ ପରିସରରେ ଗ୍ରାମ ବିକାଶ କର୍ମୀଙ୍କ ପ୍ରଶିକ୍ଷଣ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି। ଭୁବନେଶ୍ୱର ଡିଜିଟାଲ ଗ୍ରାମ ସଂଘା ସହଯୋଗରେ ଏହି କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳିତ ହୋଇଥିଲା। ଉପସ୍ଥିତ ପ୍ରଶ୍ନରେ ଭୁବନେଶ୍ୱର ଡିଜିଟାଲ ଗ୍ରାମ ସଂଘା ପ୍ରତିନିଧି ଉପସ୍ଥିତ ଥିଲେ।



ଜାତୀୟ ଯୁବ ଦିବସ ପାଳିତ

ପାଟଣା, ୧୪/୩(ଜମିସ): ପାଟଣା ବ୍ଲକ୍ ଏରେଜେଣ୍ଟସ୍ ଉପର ଗ୍ରେଡ଼ାସେବା ସଂଗଠନ କାର୍ଯ୍ୟକ୍ରମ ପରିସରରେ ଗ୍ରାମ ବିକାଶ କର୍ମୀଙ୍କ ପ୍ରଶିକ୍ଷଣ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି। ଭୁବନେଶ୍ୱର ଡିଜିଟାଲ ଗ୍ରାମ ସଂଘା ସହଯୋଗରେ ଏହି କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳିତ ହୋଇଥିଲା। ଉପସ୍ଥିତ ପ୍ରଶ୍ନରେ ଭୁବନେଶ୍ୱର ଡିଜିଟାଲ ଗ୍ରାମ ସଂଘା ପ୍ରତିନିଧି ଉପସ୍ଥିତ ଥିଲେ।



ଜାତୀୟ ଯୁବ ଦିବସ ପାଳିତ

ବିଶ୍ୱ ଏଡ୍ସ ଦିବସ:

୧୧୭ ପାଢ଼ିତଙ୍କ ମଧ୍ୟରୁ ପ୍ରାଣ ହରାଇଛନ୍ତି ୧୭୮





VARRAT

www.varrat.org



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